



Dermatology Associates Cosmetic Center Newsletter

July 2009

- Purchase \$200.00 of Botox and receive \$50.00 Botox rebate
 - Microdermabrasion package of 6 for \$250.00
 - 30% off Laser Hair Removal
- Buy a ColoreScience compact and receive a compact refill 10% off
- Purchase any sunscreen and receive a FREE trial size ColoreScience Suncanny Sunscreen
 - Hats and Sunglasses 10% off
- Purchase a Glytone Peel and get a FREE booster for your specified skin type



WELCOME

Dermatology Associates is pleased to welcome **Holly Sanders, M.D.** to our practice. She will begin seeing patients July 9, 2009. Dr. Sanders is a graduate of Medical University of South Carolina. She completed her residency at the University of Virginia, Charlottesville, VA.



Product of the Month:

Great eyelashes don't just happen overnight. That's why it's important to note that Latisse® works gradually and remarkably — with full results after 12 to 16 weeks. Once you begin treatment, you must continue applying the topical solution each night and follow the directions for best results. Remember results are gradual over time. Latisse® works from the inside out. As the treatment progresses, you'll begin to see changes in length, thickness and darkness gradually. After week 16, you'll see the full effect of Latisse® — and so will others!

Procedure of the Month:



Is it time for your next Botox treatment, or have you always thought about it but never thought you could afford it? Now is a great time to try Botox. For a limited time Botox will give you a \$50 rebate for at least a \$200 purchase! Botox will treat crows feet, raise brow lines, remove frown lines and give you a more youthful look. To check out what Botox could do for you check out the before and after photos on the back., and for more information you can talk to someone in the cosmetic department.

Be Sun Safe This Summer



Do Not Burn

Five or more sunburns significantly increases your risk of developing skin cancer.



Avoid Sun Tanning and Tanning Beds

UV light from tanning beds and the sun causes skin cancer and wrinkling. If you want to look like you've been in the sun, consider using a sunless self-tanning product, but continue to use sunscreen with it.



Generously Apply Sunscreen

Generously apply sunscreen to all exposed skin using a Sun Protection Factor (SPF) of at least 30 that provides broad-spectrum protection from both ultraviolet A (UVA) and ultraviolet B (UVB) rays. Reapply every two hours, even on cloudy days, and after swimming or sweating.



Wear Protective Clothing

Wear protective clothing, such as a long-sleeved shirt, pants, a wide-brimmed hat, and sunglasses, where possible. The best protective clothing has SPF built in. White t-shirts only provide SPF 5.



Seek Shade

Seek shade when appropriate remembering that the sun's UV rays are strongest between 10 a.m. and 4 p.m. Remember the shadow rule when in the sun: Watch Your Shadow. No Shadow, Seek Shade!



Use Extra Caution Near Water, Snow and Sand

Water, snow and sand reflect the damaging rays of the sun, which can increase your chance of sunburn.



Watch for the UV Index

The UV Index provides important information to help you plan your outdoor activities in ways that prevent overexposure to the sun. Developed by the National Weather Service (NWS) and EPA, the UV Index is issued daily in selected cities across the United States.

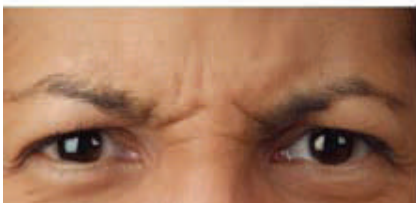


Get Vitamin D Safely

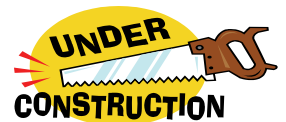
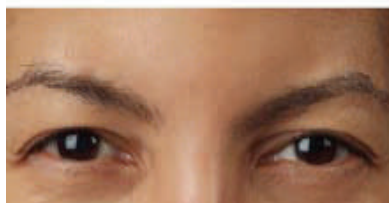
Get vitamin D safely through a diet that includes vitamin supplements and foods fortified with Vitamin D. Don't seek the sun.

Botox Cosmetic Procedure Before and After Pictures

Before



After



Our website is currently under construction.

Continue to visit www.kingsportderm.com for continuous updates