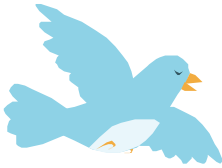


*Dermatology Associates  
Cosmetic Center  
April 2010 Newsletter*



*April Specials*

- Purchase California Girl Compact & Wild to Mild to Receive Free Cosmetic Travel Bag, Travel Powder & Lip Gloss
- Purchase ColoreScience Roll on Sunscreen & Receive a Free Eye Screen
  - Microdermabrasion & Glytone Peels 10% off Each Single Visit

Come by the Cosmetic Department to see the great deals in our **CLEARANCE** area!!

Come by to receive **15%** off during the month of your birthday!

*Coming Soon  
Special Rebates with  
Latisse Purchases*



# *Dermatology Associates Cosmetic Center Rosacea Awareness Month*



**There are many things that can aggravate your Rosacea. Limiting or avoiding some of these things may help control your Rosacea .**

#### **Weather**

- Sun
- Cold
- Strong winds
- Humidity

#### **Emotional influences**

- Stress
- Anxiety

#### **Temperature-Related**

- Saunas
- Hot baths
- Simple overheating
- Excessively warm environments

#### **Physical exertion**

- Exercise
- "Lift and Load" jobs

#### **Beverages**

- Alcohol, especially red wine, beer, bourbon, gin, vodka, or champagne
- Hot drinks, including hot cider, hot chocolate, coffee or tea

#### **Skin care products**

- Some cosmetics and hair sprays, especially those containing alcohol, witch hazel, or fragrances.
- Any substance that causes redness or stinging

#### **Foods**

- Liver
- Dairy products, including yogurt, sour cream, and some cheeses
- Chocolate and vanilla
- Soy sauce and vinegars
- Eggplant, tomatoes, spinach, lima and navy beans, and peas
- Avocados, bananas, red plums, raisins, figs, and citrus fruits
- Hot and spicy foods

**There are several signs you may be experiencing Rosacea. You may experience any of the four symptoms listed.**

- Facial Redness: Flushing and persistent redness. Visible blood vessels may also appear.
- Bumps and Pimples: Persistent facial redness with bumps or pimples.
- Skin Thickening: Skin thickening and enlargement, usually around the nose.
- Eye Irritation: Watery or bloodshot appearance, irritation, burning or stinging.

**In the Cosmetic Center we carry several products to help control and help conceal your Rosacea.**

#### **ColoreScience**

- Corrector Brushes: Helps conceal redness and all minerals formulation helps prevent chemical irritation.
- Line Tamer: Yellow color helps hide red discoloration while the active ingredients promote the actual reduction of redness in the skin.

#### **Vanicream**

- Skin Cream: A non greasy, long-lasting, moisturizing cream.
- Vanicream SPF 60: Sunscreen protection without the use of harsh sensitizing chemicals.
- Cleansing Bar: Bar soap free of fragrances and harsh chemicals.

#### **Free and Clear**

- Shampoo, Conditioner, and Hair Gel: Non-medicated chemical free hair care products and formaldehyde free.

#### **Avene**

- Thermal Spring Water: Offers exceptional soothing and softening properties and helps address the burning, stinging, and itching associated with sensitive skin.
- Redness Relief Soothing Cream: Light green cream neutralizes redness. Key ingredients help to strengthen blood vessel walls and improve overall vein health. Contains SPF 25
- Diroseal Anti-redness Skincare Lotion: Green tint nighttime cream formulated with retinaldehyde, provides immediate anti-redness neutralizing affect with little to no irritation.

**We carry many other products that may be suitable for your skin type.**