



Healthy Skin

with Dr. William Griffin

Do You Really Need to Take Antibiotics for Acne?

Maybe not! A new treatment has just been approved for mild to moderate acne. It involves simply sitting in front of an intense blue light for 15 minutes, two times a week for four weeks. An alternative method is to apply a solution (aminolevulinic) to the face and then use the blue light. This treatment requires fewer treatments but may be more expensive.

Will this cure all acne? No. But it will cure many patients and allow them to throw away their antibiotics.

Like any new treatment, there will be many different variations and combinations of use of this modality. Your dermatologist can evaluate you for the best course of treatment.

There will still be patients who will need antibiotics and topical medication, but this advance treatment will change our view of acne treatment forever.